



Clemson Sandhill Farmers Market

School Days and More at Sandhill

As the seasons change so do many of the activities at the Sandhill Research and Education Center. Our popular School Days program returns for its fifth year and once again features our historic red barn.

During most weekday mornings, from mid-October through the first week of November, the Sandhill is alive with school field studies engaging children from pre-K through the second grade. The popular program is designed to allow students to learn while having fun. There are lessons tied to our demonstration crops of broom corn, cotton, sunflowers, pumpkins and sorghum. The children tour the property on a narrated hayride, traverse through the new 12-16 foot tall sorghum maze and are able to draw water from an old style pitcher pump. The program is open to school groups only and has had to turn away classes each of the last two years due to demand. With a slightly reduced schedule in 2015 we anticipate filling up very quickly. If your school or your child's school is interested have them contact Stan Perry. ([click here to email Stan](#)) ([visit the website](#))

Friday and Saturday the week prior and the week of Halloween the ghosts and goblins come out to play. In addition to our maze the popular Haunted Trail is back with our frightening actors from Westwood High School. Along with the trail and maze, patrons will enjoy an old fashioned hayride on our new covered wagon, and perhaps a few other surprises. Watch for more information about the haunt and other programs in future issues.



August Schedule

Keith Tracy	4
Keith Tracy	11
Keith Tracy	18
Keith Tracy	25



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Pictures from School Days 2014



Market Flash

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More National Peach Month Tips



Peaches won't be with us forever and their season will be over soon. That doesn't mean you can't plan ahead and enjoy peaches well into the fall.

Peaches are one of those fruits that if prepared properly, freeze well. Our friends at [HGTV Gardens](#) have an excellent article on preparing and freezing peaches. You can freeze them in syrup or even freeze them whole. However, the peeled and sliced peach provides for the greatest success and recipe flexibility. [Click here and you will be linked to the article.](#)

Don't forget to stock up on fresh peaches next time you visit the Sandhill Farmers Market. You'll be glad you did.

Support Your Local Farmers Markets

While we hope to see you every Tuesday afternoon during the season there are other Farmers Markets in the area which need your support. You will find many of our vendors at these fine markets as well.

Wednesday: [Blythewood Market](#)

Thursday: [Lake Carolina](#)

Saturday: [Kershaw Market](#)

Saturday: [Soda City Market](#)

August 11th Market Photos



The Sandhill Farmers Market... where fun, food, and community come together.

Gardening Tips Pesticide Safety



Read the Label

Safe pesticide use begins with reading the label. Always read the pesticide label before you buy the product. Read the label before you use the product. The pesticide label lists the hazards of using the product. It also lists the precautions to take when using the product. Read and follow label directions exactly. Be sure you understand how to apply the pesticide and are able to follow the application directions exactly before you buy it. And finally, read the pesticide label before you store the pesticide.

Note Signal Words

How toxic a pesticide is to humans is indicated by a signal word on the label. There are three signal words: CAUTION, WARNING or DANGER. Signal words will usually be in capital letters. Least toxic products carry the signal word CAUTION. Products with the signal word WARNING on the label are more toxic. The most toxic pesticides have the signal word DANGER on their labels. Signal words do not indicate the potential for environmental harm.

Wear Protective Equipment & Clothing

Before you buy or use a pesticide, be sure you have the protective clothing and equipment you need. At the least, you will need long pants, a long-sleeved shirt, shoes with socks, a hat, and rubber gloves. DO NOT use latex rubber-type household gloves. Never wear leather gloves. In fact, don't wear anything leather when applying pesticides, including leather shoes, belts, watchbands, or leather hat bands. Leather absorbs pesticides readily and cannot be decontaminated. If the label tells you to wear eye protection, wear at least splash-resistant goggles. Glasses for correcting vision or sunglasses are not protective. The personal protective clothing and equipment stated on the label must be worn; it is not just a suggestion!

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COOPERATIVE EXTENSION

[Read the rest of the article by clicking here.](#)

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Grilled Chicken and Peaches with Chipotle-Peach Dressing

- * 1/3 cup peach preserves
- * 1/3 cup peach nectar
- * 4 tsp red wine vinegar
- * 2 tsp adobo sauce from canned chipotle peppers
- * 2 tsp extra virgin olive oil, plus additional for brushing
- * 1 tsp chopped fresh cilantro plus sprigs for garnish
- * 3 large peaches, each cut into 8 wedges
- * 4 boneless chicken breast halves

Stir preserves, next 3 ingredients, 2 tsp oil, and chopped cilantro in medium bowl; season with salt and pepper. Transfer 1/4 cup to small bowl. Brush peaches, then chicken with oil and dressing from small bowl. Sprinkle with salt and pepper. Grill chicken until cooked through, about 7 minutes per side on medium-high heat. Grill peaches until slightly charred, about 2 minutes per side. Place chicken breast on plate and surround with peaches. Drizzle remainder of dressing over chicken and peaches. Garnish with cilantro sprigs.

[Courtesy of the SC Peach Council](#)

See how many of these ingredients you can find at the Sandhill Farmers Market!

Our Market Supporters: [AgSouth Farm Credit](#), [Columbia NE Kiwanis](#), [Spring Valley Rotary Club](#),

Listing of 2015 Farmers Market Vendors

The Sandhill Farmers Market is fortunate to have the participation of so many quality vendors. Their selections run the gamut from fresh produce, fruits, seafood, wood crafts, fabric crafts, baked good, plants, shrubbery, natural personal care products, prepared foods and more. Some vendors are with us for the entire 30 week season, some for half of the season and others on a week to week basis. Following you will find a listing of the hard working entrepreneurs waiting to greet you. All of those in ***bold italics*** have links built in. Please note that not all vendors are able to participate in every market.

Name
<i><u>Asya's Organic Farms</u></i>
Isom's Delights
<i><u>The Peanut Man</u></i>
<i><u>The Crescent Olive</u></i>
<i><u>Mercer House Estate Winery</u></i>
Junior Chefs
AAA Greenthumb
Martin Farms Produce
<i><u>Erbe</u></i>
Paparazzi Jewelry
<i><u>The Belgian Waffle Truck</u></i>
Bee My Honey
<i><u>Chill Out Pops</u></i>
Lexington Shades of Green
Penny's Quilts and Gifts
<i><u>Lane Specialty Gardens</u></i>
<i><u>Sunny Cedars Farm</u></i>
CSD Enterprises
The Veggie Patch
It's My Sister's Fault
<i><u>January Remington</u></i>

Name
<i><u>Southern Sky Yoga</u></i>
<i><u>Leesville Aquaponics</u></i>
<i><u>Trail Ridge Farm and Dairy</u></i>
Ms. Zessie's Specialties
<i><u>Jamerry Nails</u></i>
<i><u>Palmetto Polar Snow</u></i>
<i><u>Doswell Farm</u></i>
<i><u>Chi Design</u></i>
<i><u>Livingston Farms</u></i>
Ashley's
<i><u>Old McCaskill's Farm</u></i>
The Bird Man
<i><u>Nanna's Naturals</u></i>
Conyer's Farms of Kingstree
<i><u>Company of OHS</u></i>
<i><u>The Shrimp Guy</u></i>
<i><u>Boutique Poulet</u></i>
Bradham Farms
Judith's Hands
Lem's Farm Shop
Cakes and More by Angela



<i><u>Congaree Milling</u></i>	<i><u>McCurley Farms</u></i>
3G's	<i><u>Penny's Naturals</u></i>

Each week we talk with perspective vendors interested in participating at the Sandhill Farmers Market. If you would like to become a vendor please visit our [market page](#) and view the vendor information along with the vendor application found in the right hand navigation pane.

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